

Winter FTX

Dress and Kit List

1. The success of this weekend depends in large upon the appropriate clothing for the temperature encountered. Layers of clean, loose fitting clothing allow for adjustments based on the activity undertaken.
2. Footwear, headgear, and hand wear are extremely important. Spare boots/liners/socks/gloves/mittens should also be included. Trousers should have some means of keeping snow out of footwear. Toques and winter parkas with hoods are recommended. Persons lacking satisfactory and appropriate clothing may not be permitted to attend.
3. Winter sleeping accommodations will consist of cadets building shelters at the training area.
4. We strongly suggest against cadets wearing jeans out on the exercise as they are a lot harder to keep dry and warm. This could result in the cadets getting very cold and not warming up for the rest of the weekend. Synthetic materials are idea for camping clothing.

Kit List:

Tarp	For building their Shelters (at least 10ft x 12ft)
String/Twine	About 50ft so that they can put shelters together
Sleeping Bag	Rated for -10°C (extra blanket as needed)
Foamy	Air Mattress or foam and pillow if wanted
Cup or Mug	Mel Mac, Plastic, or metal, insulated recommended
Water Bottle	At least 500ml and durable
Headgear	Winter toques recommended, parkas with hoods acceptable
Mittens/Gloves	Mittens preferred for warmth; extra pairs recommended
Coat	Warm winter coat, windproof, and waterproof if possible
Trousers	Sweatpants or wool preferred, Jeans NOT recommended, wind proof not waterproof (at least a pair for each day)
Shirts	T-shirt or long sleeve, and a sweatshirt/ sweater
Underwear	Long underwear, tow pairs recommended
Socks	Wool recommended, enough to change at least twice a day
Footwear	Insulated, waterproof and rubber sole recommended
Personal Hygiene	Face Cloth, hand soap, toothbrush, and toothpaste, comb
Optional	Camera, Balaclava, lip balm, facial tissue, flashlight with extra batteries, Matches, plastic whistle, compass, Knife – not longer than 6 inches, MUST be able to lock, and MUST have a blade cover.

If you do not have some of these items, make sure to talk to the Training Officer.

Cadets are responsible for their own kit and should take care of it. The weather can change at any time and cadets should ensure that their kit is always stored properly to stay dry and clean.